

SUVRETTA SNOWSPORTS SCHOOL

BLUES



WINTER 2009/10
SUVRETTA SNOWSPORTS SCHOOL



PHOTO BY ROBERT BÖSCH

ENGLISH VERSION

ALLEGRA!

HERZLICH WILLKOMMEN – BENVENUTI – WELCOME – BIENVENUE

"I am delighted and excited to welcome you here to the Engadin and its deep snow. A winter wonderland awaits you from December to April. Our snow sports instructors are perfectly prepared after taking internal and external courses and look forward to showing you all the latest tips and tricks on the snow. They are here to entertain you and make sure that you are absolutely safe in every situation.

The future belongs to the "Freestyle Academy"!

With the cool "New School Skis" (curved tips at the front and back) or on a snowboard the Stylers conjure up the most fantastic tricks in the snow. A new style is set to conquer the pistes – perhaps you are already familiar with the Nose Press or Pop Switch? Let's go...

With "Chillout Riding" from fast carving to an enjoyable ride. Thanks to the perceptions of all our senses we experience an entirely new feeling. The special "Rocker Ski" gives you a feeling just like flying...



PATRIK WIEDERKEHR
SKI SCHOOL DIRECTOR

We want to make your holidays even more experience-packed and restful thanks to the quality of our service. We respect nature and other piste participants. As you can see our range is versatile and colourful – we feel sure you will find something here to suit you. Have fun and feel the blues.

P. Wieder

SNOWBOARD

THE WAY OF LIVING



Be seduced and experience unique emotions of freedom, flying on the snow, weightlessness.

The Snowboard Team is like a big family and sticks together: no matter whether they are former elite athletes or have completed their training to become a snowboard instructor with top marks. Snowboard life style always comes first. The programme is designed to suit our guests' wishes. We will go with you to the park

and show you the latest piste tricks and moves. We teach you carving (the origin of carving skis) on superbly prepared pistes and glide down with you over untouched powder slopes.

Snowboarding – will be soon your way of living!

SHORTCUTS

NEWS

SNOWBOARD

The way of living

Snowboarding is more than a winter sport – it's a way of life. Let the virus infect you! The coolest team in the Engadin!

CHILLOUT RIDING

Relax. Enjoy nature. Have fun.

Our chillout riding lessons take you in three steps from aggressive race-focused carving to riding for fun and pleasure.

FREE RIDING

Safety even off-piste

Free riding – a very special "kick". Enjoy the powdersnow with experienced and qualified mountain guides and ski instructors as well as the right safety equipment.

I was born on 23.03.1930 and have been a ski instructor at Suvretta Snowsports School almost all my life. My career as a ski instructor began in 1951 with leather shoes and wooden skis without edges. I still have a clear memory of the time when the baby

lift was built in 1949 to bring guests from the hotel up to the ski area. I directed the ski school from 1962 to 1989. During my whole time with Suvretta, I have been able to familiarise many guests with snow sport and today I am still teaching. With

CHILDREN'S CLASS TUITION

Learn to ski with Snowli and his friends

Children follow the specially designed Swiss snow sports model to learn their first steps on the snow at play. An unforgettable time awaits them at Suvretta Snowsports School.

FREESTYLE ACADEMY

Slide – Switch – Rotation – Jump!

You will learn all this during our freestyle camp weeks or every Saturday on Stylers Day! See you in the Park!

TEAM SUVRETTA SNOWSPORTS SCHOOL

Get to know us!

Our team members introduce themselves and tell us what they like about the job of snow sport instructor, why they work for Suvretta and what their aims are for the coming winter season.

TEL +41 (0)81 836 61 61
WWW.SUVRETTASNOWSPORTS.CH
INFO@SSSC.CH

CHILLOUT RIDING

RELAX. ENJOY NATURE. HAVE FUN.



PHOTO BY G. C. CATTANEO

The **positive modern approach** designed to change attitudes to snow sport and hence behaviour. Here the order of the day is not slow skiing but fun and entertainment, considerate and focused on the situation. Making the "fascination of winter sport" a vibrant experience.

passion. For me the sun shines every day if not from the sky at least in my heart. Resting – that is something I do not yet have in mind! In the summer I enjoy the sun on "Balkonia" and plant young trees on the Julier.

Fridli Wyss, Ski school legend



even more. A chillout riding piste has been designated for this very purpose in the Suvretta ski area. Our chillout riding lessons take you in three easy steps from aggressive focused carving to riding for fun and pleasure.

Enjoy nature: Conscious perception through the eyes, with exercises to learn what to look at out and how to see things correctly.

Have fun: New riding fun with the "Rocker" ski by Palmer. The perception of balance enables the skier to judge and control his own movements.

Relax: Support your own personal attitudes by meditation. Conscious perception

and coordination of the senses promotes cognition, avoidance and mastery of risks and helps to prevent errors and accidents.

Our chillout riding lessons: every Wednesday, from 1.30 to 4 p.m. Meet up at Trutz.

View guidance lesson

Enjoy nature.
CHF 90.00



Rocker lesson

Have fun.
CHF 110.00
(inc. Rocker Skis)



Sensation lesson

Relax.
CHF 150.00
(inc. meditation or yoga)



Minimum number of participants: 3 persons
Please reserve a place by noon on Tuesday.

Chillout riding is based on perception and coordination of the senses. They help to enhance your own safety and that of everyone else – so that you enjoy your riding



PHOTO BY SWISS SNOWSPORTS

FREERIDE AND SAFETY

SAFETY EVEN OFF-PISTE



PHOTO BY ROBERT BÖSCH

The first rays of sunlight rise above the mountains making the deep snow on the slopes sparkle. Overnight another metre of snow has fallen. In the village things are chaotic because the snow must still be cleared away, but the mood on the mountains is reflective and relaxed. The mountain cable cars are still out of service and will not open until the last avalanche shots have been fired and the pistes cleared of all danger. The Engadin freeriders equipped with their safety kit, LVS (avalanche search device) and wide powder skis sit in the bottom station

eagerly awaiting the cable car to draw their first lines in the powder snow.

Experience this freestyle feeling with our specially trained ski instructors and mountain guides. Well away from the busy pistes in a marvellous unspoiled natural setting. Our instructors will organise the right safety kit for you.

KID'S SKI SCHOOL

LEARN SKIING WITH SNOWLI AND HIS FRIENDS

Snowli – The marvellous creature with long ears is here when you dare to go out on the snow for the first time with ski or a snowboard.

Our instructors who have qualified on the children's ski monitoring course are here to help you. They teach you to ski or snowboard in a spirit of real fun. Snowli and his friends watch over you and give you good tips. The Swiss Snow League is our guide. You learn how to ski and snowboard from the grass roots. As a beginner you learn the principles of snow sport in the **Blue League**. Next you move up to the **Red League** until finally you qualify as an expert in the **Black League**. Professional sports instructors teach you and record your progress constantly in your personal booklet so you will always be placed in the right league in any Swiss ski and snowboard school. You win a medal after completing each course!

SAVETHEDAY

WINTER 09/10

SUVRETTA FREESTYLE SHOW 30.12.09
& 19.02.10



KID'S SKI RACING 29.12.09
THEN EVERY THURSDAY



CHILLOUT RIDING EVERY WEDNESDAY



STYLER'S DAY - BOARD & FREESKI EVERY SATURDAY
AND WEDNESDAY



SNOW SHOE TOUR 20.12.09 – 28.02.10
+ **FONDUE IN AN IGLOO** EVERY WEDNESDAY



TELEMARK BEGINNER'S COURSE EVERY SATURDAY



DOWNHILL RUN BY TORCHLIGHT 13./20./27.01.10



PARTNER

SUVRETTA SNOWSPORTS SCHOOL ST.MORITZ



THE SUVRETTA SNOWSPORTS SCHOOL IS A LICENSED SWISS SKI AND SNOWBOARD SCHOOL AND TEACHES ACCORDING TO THE SWISS SNOW LEAGUE PRINCIPLES.



... EXEMPLIFIES FOR QUALITY! THE SUVRETTA SNOWSPORTS SCHOOL IS PROUD TO DISPLAY THIS LABEL.



WE ARE MEMBER OF THE LEADING SKI SCHOOLS OF PRADA.



SONJA NEGRINI

HEAD OF ADMIN. & TELEMARQUE SPECIALIST

THE CHALLENGE IS TO UNITE THE INDIVIDUAL PREFERENCES OF GUESTS AND TEACHERS; A SMILE ON PEOPLE'S FACES IS OUR GREATEST ACHIEVEMENT.



NICK NUSSBAUM

SKI MAESTRO AND DAD

I HAVE BEEN AT THE SCHOOL SINCE 1982 AND I HOPE TO STILL BE HERE WHEN I RETIRE. MY CHILDHOOD DREAM OF BEING ABLE TO SKI EVERY DAY HAS BECOME A REALITY.



MARIO BLEIKER

WORLD CHAMPION SKI INSTRUCTOR

THE INTERNAL TRAINING FACILITIES WHICH SUVRETTA SNOWSPORTS PROVIDES FOR OUR (GOOD-LOOKING) SKI INSTRUCTORS ARE EXEMPLARY.



MATIAS GONZALES

FREE STYLE LEADER AND GAUCHO

SUVRETTA SNOWSPORTS SCHOOL — OF COURSE THE FINEST TEAM IN THE ENGADIN WITH OUTSTANDING QUALITY, RESPECT, FRIENDLINESS AND THE BEST FREE STYLE EXPONENTS!



SARA AKERBLOM

SKI AND YOGA TEACHER

I WANT TO INSPIRE MY GUESTS BY SHOWING THEM HOW YOGA CAN IMPROVE THEIR MOUNTAIN EXPERIENCE, MAKING THEM STRONGER AND MORE AWARE — IN BOTH BODY AND MIND.



MIRKO PIETROBELLI

SKI INSTRUCTOR AND ALPINE GUIDE

SUVRETTA IS THE SCHOOL WITH MORE STYLES THAN ANY OTHER IN THE ENGADIN. I LOVE SPORT IN THE OPEN AIR AND CONTACT WITH PEOPLE FROM DIFFERENT COUNTRIES.

"We at the Suvretta Snowsports Team are impressed and thrilled by the enthusiasm of our guests as they get to love winter sports. What could be better than a perfect turn in the snow...?"

Patrik Wiederkehr



SNOWLI

OUR FRIEND FROM OUTER SPACE

I LANDED AT SUVRETTA FROM OUTER SPACE. I LIKE HELPING IN THE KID'S SKI SCHOOL AND WATCHING THE PROGRESS OF OUR LITTLE ATHLETES.



CLAUDIA HERRBACH

KEMPINSKI LEADER & SKI BALLET SPECIALIST

THE GUESTS BECOME LESS STRESSED AND I LIKE TO SEE THEM LEAVE IN A GOOD MOOD AFTER THEIR FABULOUS EXPERIENCES HERE.

KEMPINSKI

ALPINE SPORTS ST. MORITZ

WE ARE ALSO REPRESENTED IN THE KEMPINSKI HOTEL.



THOMAS WOLF

LOCAL SKI INSTRUCTOR

MY PARENTS ALREADY WORKED FOR SUVRETTA. I LOVE BEING A SKI INSTRUCTOR: WHAT OTHER JOB CAN OFFER SUCH A SUPERB WORKPLACE?



URS TINNER

MOUNTAIN GUIDE — EXPERT

FOR ME, BEING OUT WITH OUR GUESTS IN NATURAL SURROUNDINGS IS THE BEST WAY OF PASSING ON MY PASSION.



GABRIELA PARZERMAIR

ALL ROUNDER FROM FEX VALLEY

I HAVE TURNED MY HOBBY INTO A PROFESSION. I AM PASSIONATE ABOUT INTRODUCING MY HOME VALLEY AND THESE WONDERFUL SPORTS TO OUR CLIENTS.



WE THANK OUR PARTNER FOR ALLOWING OUR GUESTS AND US TO EXPERIENCE SNOW SPORT ON SUPERBLY PREPARED PISTES.



TOP OF THE WORLD

TOP OF THE WORLD — NEEDS NO MORE WORDS...



PATRICK BISIG

CHILDREN'S LEADER AND TRAINER

OUR TEAM IS MADE UP OF DIFFERENT NATIONALITIES AND CONTRIBUTES FANTASTIC IDEAS — A TRULY GREAT FAMILY.



DOMINIQUE BETSCHART

SB EXPERT & PRIMARY SCHOOL TEACHER

TEACHING OUR GUESTS SNOWBOARDING AND WATCHING THEIR PROGRESS IN THE WORLD'S FINEST SETTING IS GREAT FUN.



DIEGO DEL NEGRO

FORMATION TEAM COACH WITH PIZAZZ

I LOOK FORWARD TO WORKING WITH OUR GUESTS AND THE SUVRETTA FORMATION SKI TEAM.



Suvretta Snowsports School

presents

FREESTYLE CAMPS + STYLER'S DAY

FREESTYLE ACADEMY

SLIDE - SWITCH - ROTATE - JUMP

BOARD & FREESKI

FREESTYLE CAMPS

SUNDAY TO FRIDAY - CHF 390.00 / EURO 260.00

BOARD & FREESKI

**STYLERS DAY
STYLE LESSON**

EVERY SATURDAY 10.00 - 16.00 H - CHF 110.00 / EURO 75.00

EVERY WEDNESDAY 14.00 - 16.00 H

FOCUS POINTS: SLOPE STYLE, PARK & PIPE, BASICS OF FREE-RIDING

ESSENTIAL REQUIREMENT: ABILITY TO SKI / BOARD
BOOKING REQUIRED FROM 6 - 16 YEARS OLD

MORE INFOS: WWW.SUVRETTASNOWSPORTS.CH
TEL +41 (0)81 836 61 61